

# news **WPSH** CENTRE

weekly newsletter of West Parry Sound Health Centre

October 23 to 29 • 2017



## THANK YOU!

Over 70 volunteers were thanked during this year's Volunteer Appreciation Dinner co-sponsored by the Parry Sound Medical Society. The annual dinner was served by volunteer staff and was organized by former board director Pat Dudas. Volunteer Lorna Smiley and CEO Donald Sanderson lit a candle in honour of deceased volunteers who are fondly remembered for their service to patients and families at WPSHC.

*We are very thankful for the thousands of hours given to our delivery of Patient and Family Centred Care from all of our volunteers.*

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety

# STOP the spread of the Flu



## PROTECT YOURSELF and THOSE AROUND YOU

- ▶ Get your flu shot
- ▶ Clean your hands often
- ▶ Cough and sneeze into your arm, not your hand
- ▶ Stay home if you are sick

To learn more and to find out where to get your flu shot,  
visit [Canada.ca/flu](http://Canada.ca/flu)



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

Canada

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety



Show leadership in protecting our patients, our families, and ourselves: Nursing Leader Sandra Quathamier begins Flu Shot Season with Chief of Staff Dr. Terence Fargher and CEO Donald Sanderson.

## Upcoming Flu Shot Clinics

Starting on October 24, clinics will run daily from 0730 to 0930 and 1230 to 1130, Monday to Friday in the First Aid Room, second floor, room 2313.

There is a clinic running on Monday 23 October from 1230 to 1530.

On shift weekends and evenings there will be staff available to give the flu shot.

*It is recommended that high risk staff and volunteers should make the flu shot a priority. This would include: over age 65, individuals with underlying health conditions (neurological, cardiac/pulmonary, renal, obesity, diabetes, cancer, or weakened immune system), and pregnant women.*

## University of Toronto Transfusion Medicine Rounds Program

Room 4123 from noon to 1

**October 26**  
**Jeannie Callum,**  
**Sunnybrook Health Sciences**  
**Centre**

The Three Most Important Papers in the Last 5 Years that Should Set the Global Research Agenda for the Next 5 Years

**November 23**  
**Christine Cserti-Gazdewich,**  
**University Health Network**

Transfusion Support for Solid Organ and Stem Cell Transplant Patients

**December 14**  
**Russell MacDonald, ORNGE**

Emergency Bleeding in Remote Areas: The Role of Dispensary Sites and ORNGE



## Tips for Caring for people with dementia

Tip: If someone is stuck repeating/hyper-focused on something, break the cycle with something physical like a walk, activity, etc.

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety



West Parry Sound Health Centre is proud to be Accredited With Exemplary Standing, the highest measurement awarded by Accreditation Canada.

[www.accreditation.ca](http://www.accreditation.ca)



## Please tell us

Send us your compliments, questions, or concerns. Use the 'contact us' button at

[www.wpshec.com](http://www.wpshec.com)



This newsletter and other helpful information can be found on-line at

[www.wpshec.com](http://www.wpshec.com)

Contact News Centre editor Jim Hanna  
jhanna@wpshec.com

705 746-4540 extension 4144

## FINAL WEEK - please remember to complete your mandatory Patient Safety Days training

# Patient Safety Days 2017

From October 2<sup>nd</sup> to October 27<sup>th</sup>

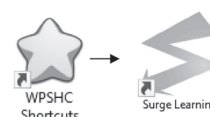
Last year, electronic Patient Safety Days was well received.

*This year we are stepping up our game!*

West Parry Sound Health Centre would like to introduce you to Surge Learning – an interactive online Education Program

### Finding/ Opening Surge Learning at work:

- WPSHC Shortcuts (star on Desktop)
- Click on "Surge Learning"



### Logging into Surge Learning:

1. Type in your personal username:

**wpshec.(firstinitial)(lastname)**

example: John Smith =

wpshec.jsmith

2. Type in this general password:

**wpshec2017**

3. Click on "Sign in"

**\*\*You will be asked to CHANGE YOUR PASSWORD to a new, personal password\*\***

Questions on Patient Safety Days content, please contact your direct manager.

## Whispering Pines Gift Shop



Sales of no-slip socks support patient safety

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety

## Chair named for provincial PFAC

As part of the province's commitment to expanding patient engagement under the Patients First: Action Plan for Health Care, the provincial government has selected Julie Drury as chair of the Minister's Patient and Family Advisory Council (PFAC). In this new role, Ms. Drury will provide strategic advice on the refinement and implementation of a provincial approach to patient engagement within the ministry and across the province. Ms. Drury's leadership will contribute to ongoing health system transformation by ensuring that the perspectives of patients, families, and caregivers are at the centre of health care policy decision making.

The Minister's PFAC will be composed of 15 patients and caregivers, who will share their experience and perspective, and will provide the ministry with valuable insight which it can incorporate into the policy development process. By involving patients in policy development and the design of care delivery, the ministry will do a better job of identifying, implementing and scaling up initiatives that matter to the people the health system serves.

Ms. Drury will work in close collaboration with the LHINs' patient and family advisory committees, as well as with patient advisory bodies at the organizational, local and provincial levels.

Information about the PFAC, visit [www.Ontario.ca/patientengagement](http://www.Ontario.ca/patientengagement)

## North East LHIN

### North East LHIN announces membership of Patient and Family Advisory Committee

The North East Local Health Integration Network (NE LHIN) has recently announced that 16 northerners have accepted positions on the LHIN's first-ever Patient and Family Advisory Committee (PFAC).

The northeastern Ontario committee will meet for the first time at the end of October and will begin its important mandate of providing advice to the NE LHIN on how to better the patient experience across the NE LHIN. In addition, they will advise on engagement and communication with patients, their friends and families, leading to improved patient and health system outcomes.

"We are very excited to begin working with our Patient and Family Advisory Committee," said Kate Fyfe, Interim CEO of the NE LHIN. "These amazing 16 northerners bring a collective wealth of knowledge and experience to the table. They were chosen from a pool of 75 high calibre northerners – all of whom want to actively participate in building a stronger system of care in northeastern Ontario. We are fortunate to have their lived experience and perspectives contribute to our NE LHIN decision making."

There remains one vacant seat on the committee which will be filled in the coming week by a representative of the James and Hudson Bay Coast sub-region. A chair and co-chair will be appointed following the first meeting in October.

#### NE LHIN PFAC Committee

##### members include:

- Susan Koppisch, Parry Sound
- Alan Elliott, Echo Bay
- Alexandra Sirois, Chelmsford
- Brenda Ledietz, Blind River
- Charlotte Lavictoire, Earlton
- Debbie Malo, Cochrane
- Jennifer Vachon, Timmins
- Jo-Anne McCool-Maki, Sudbury
- Mary Murphy Foran, Elliot Lake
- Patricia Griffiths, South River
- Rebecca Geauvreau, North Bay
- Rina Clark, Sault Ste. Marie
- Robert Porter, Massey
- Ronald Gervais, Sturgeon Falls
- Sylvie Fontaine, Hearst
- Vanessa Morris, Sudbury (Youth Advisory and Ex-Officio member)

For more information on the NE LHIN's Patient and Family Advisory Committee, visit [www.nelhin.on.ca](http://www.nelhin.on.ca)

With support from the board, a WPSHC Patient and Family Advisory Council (PFAC) is being established under authority of the board's Community Engagement Committee. For more information about the WPSHC PFAC please contact Communications and Community Relations Officer Jim Hanna at [jhanna@wpshc.com](mailto:jhanna@wpshc.com)

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety

## What's cooking this week...

### OUR DAILY LUNCH MENU



#### MONDAY

Soup: Beef barley, Chicken corn chowder

Entree: Stir-fry shrimp with rice

#### TUESDAY

Soup: Broccoli and cheese, Mediterranean vegetable

Entree: Souvlaki and perogies

#### WEDNESDAY

Soup: Cream of broccoli, Homemade beef noodle

Entree: Baked potato bar

#### THURSDAY

Soup: Homemade chicken rice, Tomato ravioli

Entree: Chicken parmesan sandwich

#### FRIDAY

Soup: Potato bacon, Garden vegetable

Entree: Fish and fries

### Donors making a Difference at WPSHC



west parry sound  
health centre  
**FOUNDATION**  
CARING FOR YOU  
IN COTTAGE COUNTRY

**Foundation 50/50 Payroll Prosperity  
prize this week \$455.00**

Draw takes place Friday in our Cafeteria.

### Meals served in our Cafeteria

Hours of operation are:

Monday to Friday - 11 a.m. to 1:30 p.m.



All weekly menus can  
be subject to change

### You can pre-order tonight's dinner meal

- All dinner orders must be placed before 2 p.m. by calling extension 2510.
- There will be no custom orders.
- Dinners are \$5, payment due at pick up.
- Pick up is between 4 and 6 in Dietary.

#### Monday

- Chicken stew with a tea biscuit

#### Tuesday

- Beef pot pie with carrots

#### Wednesday

- Spaghetti with meat sauce

#### Thursday

- Roast pork and mashed potatoes with vegetables

#### Friday

- Roast beef and mashed potatoes with carrots

#### Saturday


- Chicken broccoli alfredo with mixed vegetables

#### Sunday

- Roast turkey with garlic mashed potatoes and green beans

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety



**54.40**

**SATURDAY, NOVEMBER 18 | 8PM**

**CHARLES W. STOCKY CENTRE, PARRY SOUND**


ADD THE VIP EXPERIENCE WITH ANY TICKET PURCHASE


**TICKETS AND MORE INFORMATION**

STOCKYCENTRE.COM | (877) 746-4466

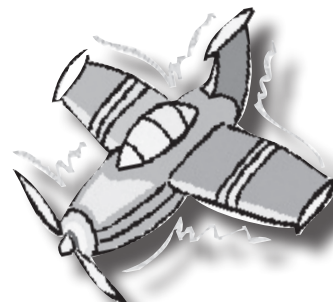
GETOFFTHEBUSCONCERTS.COM

IN SUPPORT OF:

 WEST PARRY SOUND  
HEALTH CENTRE  
FOUNDATION



*Lunch in exchange for  
a new toy or cash donation*



## HAVE LUNCH

*... and support  
the EMS  
Toy Drive with  
a donation*

## BBQ Lunch

**Friday • 10 November**

**WPSHC Cafeteria  
11 a.m. to 1:30 p.m.**


Barbecued hamburger  
Choice of salad & pop



*Lunch in exchange for  
a new toy or cash donation*

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety



**YOU HAVE THE POWER  
TO GIVE LIFE**

Donate blood and join the movement today.

**NEW DONORS NEEDED!**






**PARRY SOUND COMMUNITY  
BLOOD DONOR CLINIC**


**Friday, November 24th  
2:00pm - 7:00pm**

**St. Peter's - Knights of Columbus Hall  
52 Church Street**

**#GiveLife & Bring a Friend!**

Book your appointment at [blood.ca](http://blood.ca)

  
Canadian Blood Services  
*it's in you to give*



*Whenever you donate blood, please register to help WPSHC meet our commitment to support the Partners for Life Campaign.*

# WPSHC CARES

**Compassion • Accountability • Rights & responsibilities • Excellence • Safety**

# THE INTERNATIONAL FESTIVAL OF AUTHORS



presents IFOA Parry Sound

Thursday 26 October 2017

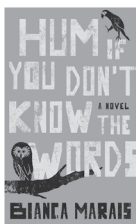
7:30 pm

at The Charles W. Stockey Centre

We are pleased to announce that the following authors will read from their most recent novels



**Catherine Chidgey** (New Zealand) was born in 1970. She has degrees in creative writing, psychology and German literature, and lived for two years in Berlin. Her debut novel, *In a Fishbone Church*, won the South East Asia and Pacific Region Prize in the Commonwealth Writers Prize for Best First Novel, a Betty Trask Prize and was longlisted for the Orange Prize. Her second novel, *Golden Deeds*, was a New York Times Notable Book of the Year, followed by *The Transformation* in 2006. Chidgey lives in Ngaruawahia, New Zealand. She presents *The Wish Child* and is supported by Creative New Zealand.



**Bianca Marais** (South Africa) holds a Certificate in Creative Writing from the University of Toronto's SCS, and her work has been published in *World Enough and Crime*. Before turning to writing, she started a corporate training company and volunteered with Cotlands, where she assisted care workers in Soweto with providing aid for HIV/AIDS orphans. Originally from South Africa, she now resides in Toronto with her husband. She presents *Hum If You Don't Know The Words*.



**Kathleen Winter's** (Canada) novel, *Annabel*, was shortlisted for the Scotiabank Giller Prize, the Governor General's Literary Award, the Rogers Writers' Trust Fiction Prize, the Amazon.ca First Novel Award, the Orange Prize, and numerous other awards. It was also a Globe and Mail "Best Book," a New York Times "Notable" book, a Quill & Quire "Book of the Year" and #1 bestseller in Canada. It has been published and translated worldwide. Her Arctic memoir *Boundless* (2014) was shortlisted for Canada's Weston and Taylor non-fiction prizes, and has been sold internationally. Born in the UK, Winter lives in Montreal after many years in Newfoundland. She presents *Lost In September*.

## PATRONS

with thanks to our sponsors

## DONORS



Dr. Daniel & Dr. Kathleen Moquin  
Dr. Kim Warwick

James & Bonnie Beatty    Donald & Maureen Buchanan  
Mary & Dr. Derek George    Janet & Terry Fellner  
Margaret & Chris Ivey    Dr. Dennis Stern  
Adrienne & Dr. Stuart Shaw



ONTARIO ARTS COUNCIL  
CONSEIL DES ARTS DE L'ONTARIO  
an Ontario government agency  
un organisme du gouvernement de l'Ontario



Canada Council  
for the Arts    Conseil des arts  
du Canada

Tickets \$15

available at The Charles W. Stockey Centre (877) 746-4466 and Parry Sound Books (705) 746-7625



# Parking passes available for frequent visitors

**Consecutive day parking passes are available for frequent visitors to the health centre.**

- Available for purchase in the Finance Department.
- \$4 per day plus \$15 deposit for the visitor parking card.
- Unlimited in-out access during purchase period.
- Deposits are refundable upon return of Visitor parking card.
- The Visitor parking card is transferable among patient and family members.



# Christmas Dinner & Dance

WPSHC and Lakeland LTC

Saturday 9 December  
Charles W. Stockey Centre

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety

# *Happy Halloween!*

## **Come to Lakeland's annual Pumpkin Trail!**

**Tuesday 31 October  
6 p.m.**

Lakeland is a safe alternative  
to trick-or-treating outdoors  
in the cold, dark, and busy streets.  
Join us for a spooky fun night of games,  
snacks, drinks, a haunted house,  
and of course...  
*"TRICK-OR-TREAT-ing!"*



**FREE  
PARKING**



*spirit*  
**Lakeland**  
**LLTC** *—* **SPIRIT**  
Living • Individuality • Family • Empowerment