

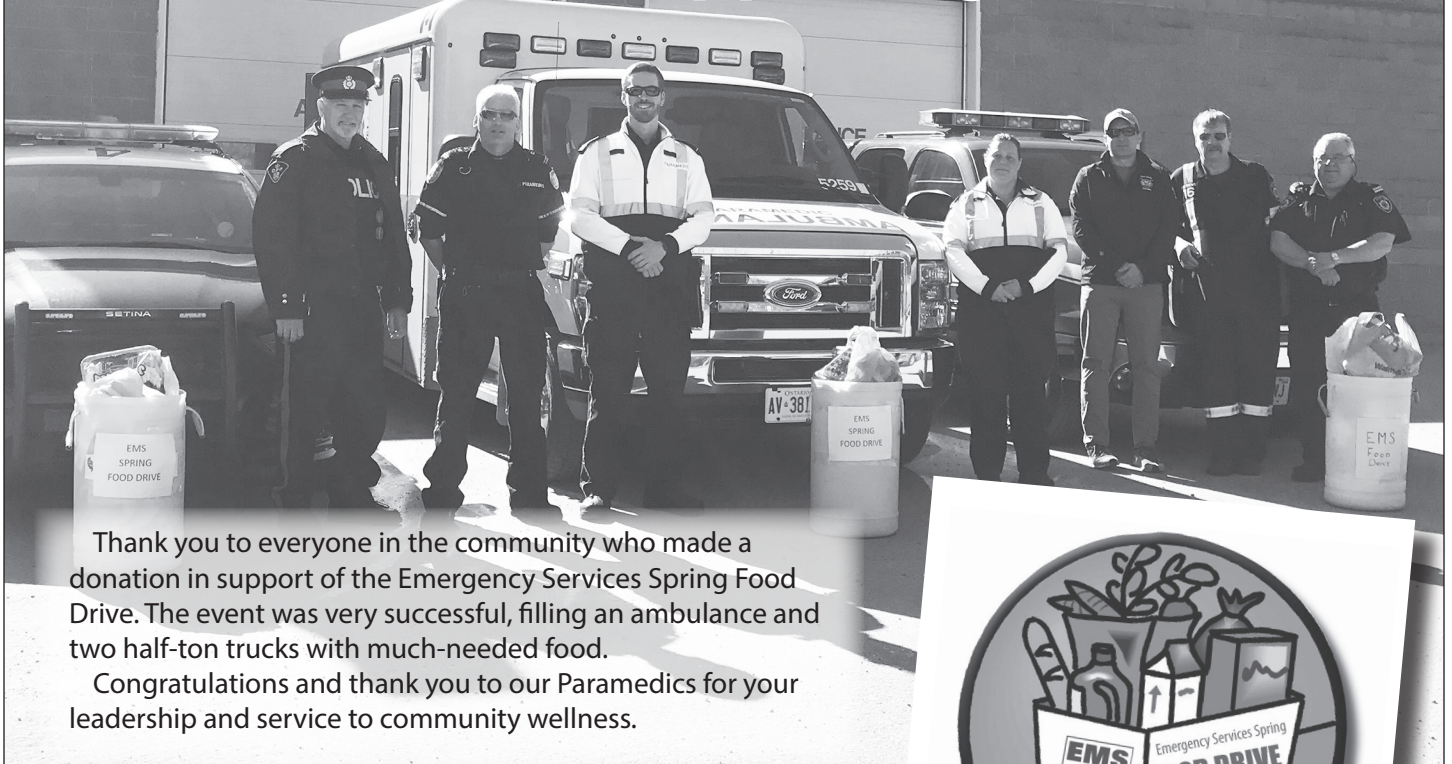
Say 'thank you' to our Medical Community - May 1 is Doctors' Day

# news **WPSH** CENTRE

weekly newsletter of West Parry Sound Health Centre

April 30 to May 6 • 2018

## "Thank You" for supporting Food Drive



Thank you to everyone in the community who made a donation in support of the Emergency Services Spring Food Drive. The event was very successful, filling an ambulance and two half-ton trucks with much-needed food.

Congratulations and thank you to our Paramedics for your leadership and service to community wellness.



**Emergency Services**  
EMS • Fire • Police

**Spring Food Drive**

During the month of April please join with our EMS coworkers by filling the donation box in our Cafeteria to support local Food Banks.



**WPSHC** WEST PARRY SOUND  
**AUXILIARY** HEALTH CENTRE  
*In service to health care since 1927*

**HAVA JAVA**

Volunteers needed for morning shifts  
contact - [jhanna@wpshc.com](mailto:jhanna@wpshc.com)

# WPSHC CARES

Compassion • Accountability • Rights & responsibilities • Excellence • Safety



**ELECTRONIC HEALTH RECORDS**  
**TRANSFORMING PATIENT CARE**  
**WEST PARRY SOUND HEALTH CENTRE**

*Another Project Fuelled by Donors*

Learn more about our EHR Project

# Open Town Hall meeting

Wednesday 23 May - noon in the classroom

Bring Your Lunch • Beverages & Desserts provided

Presentations • Meet Project Team members  
Ask questions • Let's talk about our EHR Project

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*Patient care is improving. The way we work is changing.*

*Thank you to everyone who is taking on additional work to learn our new system delivering improved Patient and Family Centred Care at West Parry Sound Health Centre and with our partner hospitals.*

***Thank you generous donors for supporting our delivery of care.***

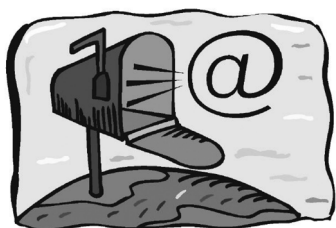
**WPSHC CARES**

**Compassion • Accountability • Rights & responsibilities • Excellence • Safety**



West Parry Sound Health Centre is proud to be Accredited With Exemplary Standing, the highest measurement awarded by Accreditation Canada.

[www.accreditation.ca](http://www.accreditation.ca)



## Please tell us

Send us your compliments, questions, or concerns. Use the 'contact us' button at

[www.wpshec.com](http://www.wpshec.com)



This newsletter and other helpful information can be found on-line at

[www.wpshec.com](http://www.wpshec.com)

Contact News Centre editor Jim Hanna  
[jhanna@wpshec.com](mailto:jhanna@wpshec.com)

705 746-4540 extension 4144

# DOCTORS' DAY 2018



**May 1<sup>st</sup> is Doctors' Day.** Ontario's doctors work hard for you, providing high-quality care to make a positive difference in their patients' lives. From diagnosing common illnesses to performing life-saving procedures, every day more than 335,000 patients across Ontario are treated and cared for by doctors.

**This May, celebrate the hardworking doctors in your community!**



#LoveMyMD



*On the celebration of Doctors' Day*

*West Parry Sound Health Centre says 'Thank You.'*

*We appreciate everything you do in support of  
Patient and Family Centred Care.*

*Working together with our doctors, we are creating  
a healthier community for everyone in West Parry Sound.*

*We thank you all.*

# WPSHC CARES

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## Please join us for the Nursing Award event

The Nursing Award Celebration will be held on Friday 11 May at 2 p.m. in the Main Lobby.

We are pleased to share that Parry Sound Mayor Jamie McGarvey is scheduled to be joining us this year to assist with the presentation.

Thank you to everyone who took the time to nominate a nursing colleague who met the Excellence Award criteria.

The Department of Patient Care would like to congratulate the following award nominees:

- Christine Marshall
- Jordan Patten
- Lacey MacEwen
- Devon Colmer

Winner to be announced next Friday!

*We would like to acknowledge Jennifer Bishop, Shelby Greenaway, and Cheryl Tranter who were nominated as a group.*

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### Current Volunteers are invited to attend Volunteer Coordination Support meeting

### Wednesday 2 May at noon - Room 4123

We're looking for Volunteers to help with: spreading our recruitment message, orientation tours, new volunteer 'buddy' program, training support for all volunteers.

If you are interested in attending, send a note to Volunteer Services Coordinator Jim Hanna - [jhanna@wpshec.com](mailto:jhanna@wpshec.com)

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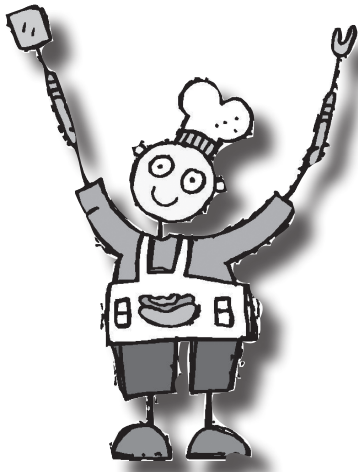
## We're looking for more Volunteers

Immediate openings at the Hava Java coffee kiosk  
Supporting Patient Care • Friendly Visitors • Hospital Elder Life Program  
Patient and Family navigation - staffing the Information Desk

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# "Thank You" Volunteers

## Volunteer Appreciation BBQ

Friday 25 May - Cafeteria - 11 a.m. to 1:30 p.m.

Everyone from Lakeland LTC and WPSHC is invited to join us celebrating the contribution of our dedicated Volunteers.

Lakeland Long Term Care is hosting:

# Dementia 101

Presentation by:

**Alzheimer Society**  
MUSKOKA

Join us May 17<sup>th</sup> from 10:30-11:30am in the Celebration Room.

What is Dementia? Is it hereditary? What should I expect as dementia progresses? How to talk to someone with dementia, and much more.

All are welcome!

Please contact Tamara Noll for further information at 705-773-4041 x1026

# LLTC

Living

•

Individuality

•

Family

•

Empowerment

# SPIRIT

## North East **LHIN**

### Two new members appointed to NE LHIN board

The North East Local Health Integration Network (NE LHIN) has announced two new board members have been appointed to the NE LHIN Board - Lorraine Dupuis, from Sudbury, and Cheryl St-Amour, from Timmins. The members were appointed for a three-year term starting through a provincial Order-in-Council.

“The North East LHIN Board is pleased to welcome exceptional northerners who bring diverse skills and backgrounds,” said Board Chair Ron Farrell. “Lorraine brings a wealth of knowledge from her work in the education system as well as previous governance experience and Cheryl’s expertise in financial management, accounting, and quality improvement will be an asset to the board in our efforts to help build a more patient-focused health care system in northeastern Ontario.”

As a long-time resident of Sudbury, Dupuis is a retired teacher of 33 years with the Sudbury Separate School Board. She has been active on numerous boards and committees, including 10 years as a member of both Science North and the Ontario Film boards.

“Health care is a vital public service that affects all of us,” said Dupuis. “I’m looking forward to beginning my work with the NE LHIN board so that we can increase the coordination and sustainability of the system for the benefit of all northerners.”

St-Amour, a Certified Management Accountant, currently works as a Plant Systems Support Manager for Ontario Power Generation. She has extensive past experience working in a variety of managerial roles in both the public and private sectors. Her past positions include Northern Development Advisor with the Ministry of Northern Development and Mines, Director of Business Development and Retention with the Timmins Economic Development Corporation, and Director of Corporate Development with the JPL Group of Companies.

“I am excited for the opportunity to serve as a NE LHIN board director and am looking forward to working collaboratively with the governing members of other health service providers across our region,” said St. Amour.

- Board members are appointed by an Order-In-Council through a process administered by the Public Appointments Secretariat, for a term of up to three years, and may be reappointed for an additional term or terms to a maximum of six years.

- The chair and board members are appointed based on their expertise, experience, leadership skills and the needs of the LHIN and are accountable, through the chair, to the Minister of Health and Long-Term Care for the LHIN’s use of public funds and for its results in the local health system.

- To find out more go to [www.nelhin.on.ca/boardandgovernance](http://www.nelhin.on.ca/boardandgovernance)

- The role of LHIN Board of Directors is to oversee, advise and govern the strategic directions and priorities of the LHIN.

- The NE LHIN Board now includes: Ron Farrell, Chair (Sundridge), Denis Bérubé (Moonbeam), John Febbraro (Sault Ste. Marie), Mark Palumbo (Sudbury), Betty Stone (Temiskaming Shores), Kim Morris (Sudbury), Petra Wall (Spring Bay, Manitoulin), Anne Stewart (Pointe au Baril), Lorraine Dupuis (Sudbury), and Cheryl St-Amour (Timmins).



**WPSHC**  
**AUXILIARY**  
WEST PARRY SOUND HEALTH CENTRE  
*In service to health care since 1927*

**HAVA JAVA**

Coffee kiosk operated by the WPSHC Auxiliary.  
All purchases support patient care at WPSHC.

**Start your day with  
a coffee & muffin**

**WPSHC CARES**

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west parry sound  
health centre  
**FOUNDATION**  
CARING FOR YOU  
IN COTTAGE COUNTRY

Last week's 50-50  
draw prize winner:

**Luc Gadoury**  
**\$522.50**

Our Foundation's payroll deduction 50/50 draw takes place every two weeks - and you can sign up to participate any time.

- The cost to enter the 50/50 draw will be \$5 per pay - only available through payroll deduction.
- The winning participant and the Foundation equally share the amount of money collected through the entry fee.
- Pick up a form from the Foundation office.

*The Foundation's Payroll Prosperity Program is helping to raise thousands of dollars annually for our Foundation to purchase much-needed equipment along with support for the Staff Education Fund... and thousands will be shared by lucky Payroll Prosperity participants.*



*In service to health care since 1927*

West Parry Sound Health Centre Auxiliary

# ANNUAL MEETING

**Tuesday 12 June**

Dinner in the Cafeteria at 5 p.m.  
Meeting - Lakeland Celebration Room at 6 p.m.

Seeking interested candidates  
for President and 1st Vice President

Position descriptions available  
contact Carla Cusiter at [ccusiter@wpshec.com](mailto:ccusiter@wpshec.com)

Plan to support our Auxiliary during  
**Tag Day - Friday 13 July**



## Whispering Pines Gift Shop



Home Decor • Seasonal Decorations • Jewelry Books • Fashion  
Candles & Lighting • Quilts and Handcrafted Items

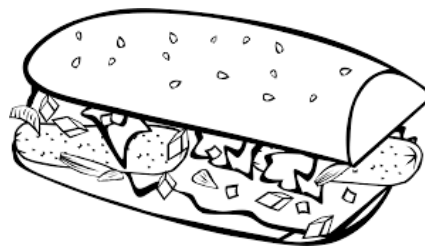
Operated by volunteers from the West Parry Sound Health Centre Auxiliary in support of Patient and Family Centred Care

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# Look what's cooking this week

## OUR DAILY LUNCH MENU



### MONDAY

Soup: Homemade Beef Barley, Butternut Squash

Entree: Philly Steak Melt Sandwich with Salad of the Day

### TUESDAY

Soup: Homemade Turkey Rice, Tomato Ravioli

Entree: Shepherd's Pie with Gravy and Vegetable of the Day

### WEDNESDAY

Soup: Homemade Chicken Noodle, Potato Bacon

Entree: Chicken Parmesan on a Brioche Bun with Salad of the Day

### THURSDAY

Soup: Roasted Red Pepper & Tomato, Garden Vegetable

Entree: Quiche Lorraine with PEI Vegetable Medley

### FRIDAY

Soup: Minestrone, New England Fish Chowder

Entree: Fish and Fries, Poutine

## You can pre-order tonight's dinner meal

- All dinner orders must be placed before 2 p.m. by calling extension 2510.
- There will be no custom orders.
- Dinners are \$5, payment due at pick up.
- Pick up is between 4 and 6 in Dietary.

### Monday

Butter chicken with rice  
and vegetables

### Tuesday

Tangy citrus meatballs

### Wednesday

Greek Pork with roasted potatoes  
and vegetables

### Thursday

Beef stew and tea biscuit

### Friday

Turkey bolognese with pasta

### Saturday

Lemon rosemary chicken with  
potato and vegetable

### Sunday

Roast beef dinner

Meals served in our Cafeteria

Hours of operation are:

Monday to Friday - 11 a.m. to 1:30 p.m.



All weekly menus can  
be subject to change

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## Safe Surgery Checklist



### Guidelines

A safe surgery checklist is used to confirm that safety steps are completed for a surgical procedure performed in the operating room.

Surgical procedures are complex aspects of health services and carry significant risk of potentially avoidable harm. Safe surgery checklists play an important role in improving the safety of surgical procedures. They can reduce the likelihood of complications following surgery and often improve surgical outcomes.

Safe surgery checklists were developed by Canadian Patient Safety Institute and International World Health Organization. Each checklist has three phases.

- 1) Briefing- before induction of anesthesia.
- 2) Time-out- before skin incision.
- 3) Debriefing – before patient leaves the operating room.

### Test for Compliance

- The checklist is used for every surgical procedure.
- The team has agreed on a three-phase safe surgery checklist to be used for surgical procedures performed in the operating room.
- There is a process to monitor compliance with the checklist.
- The use of the checklist is evaluated, and results are shared with the team.
- Results of the evaluation are used to improve the implementation and expand the use of the checklist.

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### Evidence

- The team includes the surgeon, anaesthesiologist, nurses and patient
- The checklist is completed in order of the three phases listed above.
- The O.R. Circulating Nurse records her initials and the time checked.
- The completed Safe Surgery Checklist is found in the Nurses notes section of the Clinical Record.
- The Operation Report Form is a secondary form that provides confirmation that the surgery checklist was completed. The Operation Report Form is kept on patient's chart.
- Our MLAA Wait times performance chart reporting quarterly results indicates 100% compliance for the safe surgery checklist.

Required Organizational Practices (ROPs) are evidence-informed practices addressing high-priority areas that are central to quality and safety. Accreditation Canada defines an ROP as an essential practice that organizations must have in place to enhance patient safety and minimize risk.



# Children's Voices Program



**A four week program designed for children who have been exposed to violence and abuse.**

**Who:**

Children 5-11 years of age.

**When:**

Wednesday evenings 4pm-5:15pm

June 4<sup>th</sup>+11<sup>th</sup>+18<sup>th</sup>+25<sup>th</sup>

**Where:**

Group will be held at the Parry Sound Library  
library auditorium in the basement

Please call or email Nicole Young to register: 705-746-7777 ext. 227, [nyoung@psdssab.org](mailto:nyoung@psdssab.org)

Snacks provided

**Safety  
First**

# Workplace Safety



**Safety News and Information**

## Inspecting workplaces to protect workers' health and safety

Ontario is conducting more than two dozen inspection blitzes in 2018-2019 to ensure employers are meeting health, safety and employment standards at workplaces across the province.

Enforcement staff will visit workplaces such as health care organizations, warehouses, "big box" retail, grocery stores, chemical manufacturing plants, pulp and paper mills, hotels, golf courses, mines and construction projects.

In particular, sectors with new and young workers, temporary help, vulnerable workers and a history of low compliance will be targeted.

Occupational health and safety inspectors will look for occupational health and safety violations involving issues such as violence, working at heights, hazardous materials, machine guarding, conveyors, mobile equipment, ergonomics and falls.

The goal will be to raise awareness that safety is everyone's responsibility, to enhance workplace health and safety and to prevent workplace injuries, illnesses and deaths.

• • • • •

- Blitzes and initiatives are part of Ontario's enforcement strategy to increase compliance with the Employment Standards Act, Occupational Health and Safety Act and their regulations.
- Between April 1, 2005 and December 31, 2017, more than \$177 million in wages and other money owed to employees has been recovered through inspections, claims, collections and other program activities.
- Since June 2008, Ministry of Labour occupational health and safety inspectors have conducted more than 792,400 field visits, and 100 provincial inspection blitzes.
- Inspectors have issued more than 1,297,500 compliance orders for safety issues across all sectors in Ontario since June 2008.

Information from the Ministry of Labour  
[www.ontario.ca](http://www.ontario.ca)



**Over one million  
Canadians feel  
sick when  
exposed  
to fragrances**

*Staff and Volunteers...  
We have a  
Scent Reduction Policy  
Please respect it*

Due to health concerns arising from exposure to scented products, West Parry Sound Health Centre has a scent reduction policy aimed at maintaining a safe and healthy environment for all patients, employees, volunteers, and visitors.

Some people who work at, and receive care at, WPSHC report sensitivities to various scented products. We ask for everyone's cooperation in our efforts to accommodate their health concerns. Scented products such as hair spray, perfume, and deodorant can trigger reactions such as respiratory distress and headaches.

In Canada today more than one-in-four individuals suffers from respiratory disease. A full 40 percent of these individuals have allergic triggers to their disease. Medical evidence clearly shows that scented products are harmful to the health of sensitive individuals. In sufficient concentrations, scented products may be harmful to those with allergies, environmental sensitivity or chronic heart or lung disease.

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# Register at [www.PSRun.com](http://www.PSRun.com)



ELITE SPONSOR:



ROUTE SPONSORS:



## 11TH ANNUAL GEORGIAN BAY WALK • RUN • POLE 2K.5K.10K

### MAY 27, 2018

Save Lives Locally

## Do It For Life

HEART BEAT FRIENDS:



Join our cardiac patients, their families, cottagers and athletes in Parry Sound's Big Heart Event.

Help buy equipment for the West Parry Sound Health Centre, the only Emergency Department on the 300K highway between Barrie & Sudbury. Parry Sound's Big Heart Event buys equipment for local Cardiac Services – in 2018 participants are helping to buy our Cardiac ECG. Over the decade 1,720 walkers, runners and polers have kept cardiac care local with all they have helped buy. Join us for our 11th annual and help keep cardiac care local!

**1ST PLACE, 10K:** \$250 Cash

**1ST PLACE, 5K:** \$100 Cash

**2ND & 3RD PLACE, 5K & 10K:**

\$50 Gift Certificates for White Squall

Medals awarded to 10K, 5K, 2K, male & female runners finishing 1st, 2nd & 3rd

### RUNNING PRIZES

MALE & FEMALE

### PLEDGE PRIZES

**HIGHEST INDIVIDUAL:** Fitbit Ionic

**HIGHEST TEAM:** Fit Wristbands

**2ND HIGHEST INDIVIDUAL:**

\$200 Gift Certificate for Harry's No Frills

**3RD HIGHEST INDIVIDUAL:**

\$100 Gift Certificate for Harry's No Frills

Foundation Office  
705.746.4540 x3348  
1.888.262.0436  
6 Albert Street, Parry Sound  
[www.WPSHCF.com](http://www.WPSHCF.com)



west parry sound  
health centre  
**FOUNDATION**  
CARING FOR YOU  
IN COTTAGE COUNTRY

Visit us in the Foundation office located  
in the main atrium of the Health Centre  
or donate at [www.WPSHCF.com](http://www.WPSHCF.com)  
It's safe and secure.

Photography by Norm Weichel