

Patient Education



Out-patient Rehabilitation Services

What is Out-patient Rehabilitation?

WPSHC's Out-patient Rehabilitation service provides expertise and education to patients who are recovering from different neurological and musculoskeletal conditions who are able to come to the health centre for therapy.

Available Services

Physiotherapy

The Physiotherapist provides individual assessment and treatment programs for patients to address:

- Orthopedic conditions, including post joint replacement.
- Muscle or joint injuries.
- Post fracture training.
- Sports injuries.
- Neurological conditions.
- Back and neck injuries.

Occupational Therapy

The Occupational Therapist provides individual assessment and treatment for patients who are able to come in from home or from a Long Term Care Facility. The following services are available:

- Fabrication of splints.
- Cognitive assessments.
- Driver screening assessments.
- Education regarding energy conservation.
- Joint protection principles.
- Consultation regarding assistive devices.

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The information contained in this document are for information purposes only. They are not intended to be used as or replace medical advice given by a qualified health care provider.

Location and Hours

Out-patient rehabilitation services are located on the 1st floor of WPSHC. The easiest access to the Rehabilitation Department is through the Lakeland/Rehabilitation entrance.

Hours of service are 7:30 a.m. to 4 p.m. from Monday to Friday.

Cost of Services

The cost of Out-patient Rehabilitation services is covered for patients with a valid Ontario Health Insurance Plan (OHIP) card issued by the Ministry of Health and Long-Term Care or through extended health insurance. Additional fees may apply to special services/equipment.

Referral Process

For all Out-patient Rehabilitation services a Physician or Nurse Practitioner referral is required. The referral may be faxed to Rehabilitation services at (705) 773- 4609 or you may call (705) 746-4540 extension 1302 or bring the referral in.

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